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This is to certify that the dissertation entitled "The effectiveness of structured teaching programme on knowledge on selected minor illness among mothers of under ten children in selected community in Ambalappara" is a bonafide research work done by Aiswarya A, Arjun Babu, Athira C, Athira V, Ivin Sona George, Saranya K, Sneha Saju, Sruthi M M. in partial fulfillment of the requirement for the degree of Bachelor of Science in Nursing.

Signature of Guide

Mrs. Sheena P

Associate Professor

M.Sc. Community Health Nursing

Nehru College of Nursing

Vaniyankulam

Place: Vaniyankulam

Date: 10.8.18





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P.K.D.A.S. COLLEGE OF NURSING
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OTTAPALAM, PALAKKAD DT
KERALA - 679522

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Signature of Principal


PRINCIPAL -
Nehru College of Nursing
Vaniyamkulam, Ottapalam, Palakkad Dist.
Principal Pin - 679 522, Kerala

Nehru college of nursing

Place: Vaniyamkulam

Date: 10-8-18




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PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
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ABSTRACT

Background of the study

Home remedies are natural cures or medicines made at home from natural ingredients such as herbs, vegetables and fruits and have given more attention due to its nature and cure such as simple, no side effects, no chemicals, inexpensive and pleasure of being able to cure. In home based remedies, the idea is used to the chemicals naturally present in the herbs, spices and other fruits to tackle the offending foreign element in the body that is causing pain or infection instead of flexing the body with hundreds of milligram of strong chemicals in the form of antibiotic. Though antibiotics are essentials for chronic conditions, which is not always necessary and are best avoided especially for minor illness.

Children constitute more than% of our population. child health is the corner stone of the nation progress and the country which neglects the child, its future progress will be affected. The age group of 1-3 years of ages is a very important period of life as growth and development is rapid.

Many common illness are present in the under 10 children. it can be treated at home without needing to consult the doctor. many minor illness such as common cold, fever vomiting, diarrhea, headache, earache, sore throat etc.. can be treated at home using simple remedial measures with out consulting the physicians.

Statement of the study

A study to assess the effectiveness of structured teaching programme regarding the knowledge on home management of selected minor illness among mothers of under 10 children in a selected community on Ambalappara



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KERALA - 679622

Objectives

- To assess the pretest knowledge of mothers regarding the home management of selected minor illness.
- To assess the post test knowledge of mothers regarding the home management of selected minor illness.
- To determine the association between the level of knowledge of mothers regarding the home management of minor illness among selected minor illness.
- To compare the pretest and post test knowledge regarding home management of minor illness among mothers.

Method

A pre experimental one group pretest post test design was used for the study . the mothers of under 10 children at Ambalappara . after pretest a structured teaching programme was administered to the subjects and on the third day post test was conducted with the same structured knowledge questionnaire. The collected was analyzed by using descriptive and inferential statistics.

Result

The mean posttest knowledge score obtained is 29.6 was higher than the mean pretest knowledge score is 19.6. Paired t test was done to find out the difference between the mean pretest knowledge score, the calculated t value is (13.414) was found to be significant($p < 0.0001$) this shows that STP was effective in increasing the knowledge regarding the home management of minor illness.

Interpretation and Conclusion

Finding of the study shows that the knowledge score of mothers of under 10 children at Ambalappara were less before the STP. The STP facilitated them to gain more



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KERALA - 679522.

knowledge about home management of minor illness, which was evident from the post test knowledge score .Hence this study implies that the STP is an effective strategy for providing information and to improve knowledge of mothers of under 10 children at Ambalappara.

Key Words

Effectiveness , structured teaching programme, knowledge, mothers of under 10 children at Ambalappara.



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**EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON
KNOWLEDGE REGARDING POLY CYSTIC OVARIAN
SYNDROME AMONG ADOLESCENT GIRLS
IN GVHSS KOONATHARA**



BY

**USMANUL HAKKEEM C P, ANEESHA M M, C M KAVYA,
EBITHA V O, HIMA A M, JIYA MOL THOMAS,
UMA SURESH, VRINJISHA V C
NEHRU COLLEGE OF NURSING
VANIYAMKULAM**

**RESEARCH PROJECT SUBMITTED IN PARTIAL FULFILLMENT OF
THE REQUIREMENT FOR THE DEGREE OF B.SC NURSING
KERALA UNIVERSITY OF HEALTH SCIENCE**

2018



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**PRINCIPAL
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PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 678622**

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This is to certify that the dissertation entitled "Effectiveness of structured teaching programme on knowledge regarding Polycystic ovarian syndrome among adolescent girls in GVHSS Koonathara" is a bonafied research work done by Aneesha MM, CM Kavya, Ebitha VO, Jiyamol Thomas, Hima AM, Uma Suresh, Usmanul Hakkeem CP, Vrinjisha VC in partial fulfilment of the requirement for the degree of Bachelor of Science in Nursing.

Signature of the guide

Mrs. Sheeba Babu
Assistant professor
Department of OBG
Nehru College of Nursing
Vaniyankulam



Lt.Col.Regina.P.F
Associate professor
Department of OBG
Nehru College of Nursing



Place: *VANIYANKULAM*
Date: *10/8/18*

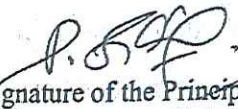


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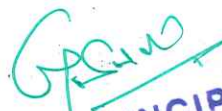
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Signature of the Principal
Professor Tamil Selvan
Principal
Nehru College of Nursing
Vaniyamkulam

Place: Vaniyamkulam
Date: 10/8/18




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OTTAPALAM, PALAKKAD DT
KERALA - 679522

ABSTRACT

Background of the study:

Adolescents - young people between the age of 12 and 19 years are often thought of as healthy group. It is the transition stage between childhood and adolescent. The impact of modernization and technological advancement reflects in daily life. The unhealthy eating habits and lack of exercise leads to many diseases in adolescents as polycystic ovarian syndrome. Polycystic ovarian syndrome is a common health problem which increases in adolescent girls and young women during the reproductive years. The term polycystic means many cysts and polycystic ovarian syndrome gets its name because of clusters of small, pearls size cysts in ovaries. The cysts are fluid filled bubbles that contain eggs that have not yet been released because of hormonal imbalance.

Statement of the problem

"Effectiveness of structured teaching programme regarding polycystic ovarian syndrome among adolescent girls in GVHSS Koonathara".

Objectives of the study

1. To assess the pretest knowledge of adolescent girls regarding PCOS.
2. To find the effectiveness of structured teaching programme on PCOS.
3. To find out the association between knowledge and selected variables.

Method

In this study, a pre-experimental one group pre-test post-test design was used for the study.



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Pilot study was conducted, the tool and study design were found to be feasible. Data were collected using a structured knowledge questionnaire. After pre-test a structured teaching programme were given to the adolescent girls. On the 3rd day post-test was conducted with the same structured knowledge questionnaire. The data were collected and analysed using descriptive and inferential statistics.

Result

The mean post-test knowledge score obtained ($O_2=18.8$) was higher than the mean pre-test knowledge score ($O_1=10.76$). Paired t test was used to find out the significant difference between the mean pre-test and post-test knowledge score. The calculated 't' value (13.7) was found to be significant at 0.05 level. This shows that STP was effective in increasing the knowledge of adolescent girls regarding PCOS. There were no significant association between the pre-test knowledge score with the demographic variables like age, sex, religion, education, marital status and knowledge regarding PCOS.

Interpretation and Conclusion

Findings of the study showed that the knowledge score of adolescent girls in GVHSS Koonathara was very less before the STP. The STP facilitated them to gain more knowledge about organ donation which was evident from the post-test knowledge score. There for, the study concludes that the administration of structured teaching programme was an effective method of improve the knowledge of adolescent girls regarding PCOS.

Key words

Effectiveness, structured teaching programme, knowledge, adolescent girls in GVHSS Koonathara.




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KERALA - 679522

**“EFFECT OF STRUCTURED TEACHING PROGRAMME ON
KNOWLEDGE REGARDING IMPORTANCE OF PLAY NEEDS
AMONG MOTHERS OF UNDER FIVE CHILDREN
AT SELECTED AREAS IN VANIYAMKULAM”**



BY

**AISWARYA .V.NATH ,ANJU.V ,ASWATHY.M.N ,SHABNAM.T.K
,SILPA.P.K ,SMRITHI.T.K ,VIDHYA.K.
NEHRU COLLEGE OF NURSING
VANIYAMKULAM.**

**RESEARCH PROJECT SUBMITTED IN PARTIAL
FULFILLMENT OF THE REQUIREMENT FOR THE DEGREE
OF BSC.NURSING KERALA UNIVERSITY OF HEALTH
SCIENCES.**

2018



G. S. S.
**PRINCIPAL
P.K.DAS COLLEGE OF NURSING
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OTTAPALAM, PALAKKAD DT
KERALA - 679522**

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Signature of Guide

Mr. Abdul Nisthar. T. A

Assistant professor

M.Sc. Pediatric nursing

Nehru college of nursing

Vaniyamkulam

Place: Vaniyamkulam

Date: 10/08/18




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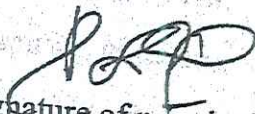
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Place: Vaniyamkulam

Date: 10.8.18




Signature of principal

- PRINCIPAL
Nehru College of N
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Pin - 679 522, Kera




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OTTAPALAM, PALAKKAD DT
KERALA - 679522

RESEARCH ABSTRACT

Background of the study

Children are the future hope for mankind. Today's children will be the masters of future world if the children are healthy, the future generation will be healthy, resulting in a healthy nation. Experts in the child development and behavioral have said repeatedly that "play is the work of child". In play children continually practice the complicated stressful process of living importance of play includes physical, emotional, cognitive, intellectual, social and moral development. Through play, children are able to test their abilities, to assume and try out various roles and to learn the effect behavior has on other.

Children are growing up in a rapidly changing world characterized by dramatic shift in what all children are expected to know and be able to do. Higher and tougher standards of learning for all population of student are focusing on a narrow view of learning. Consequently, students have less time and opportunity to play than children of previous generation. Play has a crucial role in the optimal growth, learning and development of children from infancy through adolescence. Children's right to play must be defended by all adult, especially educators and parents. The time has come to advocate strongly in support of play for children.

Objectives of the study

- To assess the knowledge regarding importance of play needs among parents of under five children.
- To evaluate the effect of structured teaching programme on knowledge regarding importance of play needs among parents of under five children.
- To find the associate between knowledge regarding importance of play needs among parents of under five children with the selected demographic variables.



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Method

A one group pre- test post-test pre-experimental research design was used for this study. The samples consist of mothers of under five children. The sample was collected by using convenient sampling technique. Pre-test knowledge of mothers of under five children regarding play assessed by structured questionnaire. After the pre-test a structured teaching programme administered. A post-test was conducted with same structured knowledge questionnaire. Collected data analyzed by using descriptive and inferential statistics.

Result

The result of the study showed that mothers of under five children lacked knowledge regarding play. The descriptive and inferential statistics were used for analysis. The analysis was carried out on the basis of objectives and hypothesis of the study. The mean post-test knowledge score obtained (16.1) was higher than mean pre-test knowledge score (8.8). Paired 't' test was done to find out the difference between mean pre-test knowledge score and post-test knowledge score. The calculated 't' value is (11.4) was found to be significant ($p < 0.05$).

Interpretation and conclusion

Finding of the study showed that the knowledge score of mothers of under five children at Vaniyamkulam were very less before the STP. The STP felicitated them to gain more knowledge about play, which was evident from post-test knowledge score. Hence this study implies that STP is a strategy for providing information and to improve knowledge of mothers of under five children at Vaniyamkulam.




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**“A STUDY TO ASSESS THE MENTAL WELLBEING
AND ITS ASSOCIATED FACTORS AMONG
MIGRANTS IN OTTAPALAM TOWN,
PALAKKAD”**



**ABHIMANYU.D, ANJALI KRISHNA, ARDRA.M, DENIYA GHILBI,
JESHMA T.K, SARANYA.V, SHYMA.P.SHAJAN,
SREEJA.S, SWATHY.A**

Nehru college of Nursing, Vaniyamkulam

**DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF THE
REQUIREMENTS FOR THE DEGREE OF BACHELOR OF SCIENCE IN
NURSING**

KERALA UNIVERSITY OF HEALTH SCIENCES

2019



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P K DAS COLLEGE OF NURSING
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This is to certify that the dissertation entitled "A Study to assess the mental wellbeing and its associated factors among migrants in Ottapalam town, Palakkad" is a bonafied research work done by Abhimanyu .D, Anjali krishna, Ardra.M, Deniya Ghilbi, Jeshma T.k, Saranya.V, Shyma.P.Shajan, Sreeja.S, Swathy.S.in partial fulfillment of the requirement of the degree of bachelor of science in Nursing.

Date: 20/08/19

Vaniyamkulam



Signature of Guide

Mr.Sudhen Sumesh Kumar.MSc(N)

Associate Professor

Department of Mental Health Nursing

Nehru College Of Nursing,

Vaniyamkulam.



Mr.Shahul Hameed Msc (N),

Assistant professor

Department Of Medical

Surgical Nursing

Nehru College Of Nursing,

Vaniyamkulam.




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PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

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Signature of Principal

Prof.Mrs.Tamilselvi.P

M.Sc (N), M.phil.

Principal,

Nehru College Of Nursing

Vaniyankulam.

Date: 2018/2019.

Place: Vaniyankulam




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PANAYUR (P.O), VANIYANKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

ABSTRACT

Background of the study

Migration is an aggregate phenomenon in both macro economic and social demographic perspective. The states of Kerala do have issues of migrants in many dimensions such as social, economical, legal, demographical and psychological. The number of Kerala emigrants as estimated by the migration survey in 2014 is 23.63 lakhs. The money flowing from abroad and good climatic condition prevailing in Kerala act as catalyst and as the pulling factors of migration. Kerala having highest literacy rate and better education facilities. High linguistic, social and cultural differences with their state make migrant labours to feel Kerala is a alien society. Cultural differences, rituals, habits etc increase the feeling of alienation. Negative attitude of people especially at work place increases psychological disturbances in migrants.

This study is conducted to understand the psychological wellbeing of migrants' labours in Kerala.

Statement of the problem

A study to assess the level of mental well being and its associated factor among the migrants in Ottapalam town,, Palakkad.

Objectives of the study

- To assess the level of mental well being and its associated factors among the migrants in Ottapalam.


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P.K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522



ABSTRACT

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- To assess the level of mental well being of migrants in Ottapalam
- To identify the factor associated with the level of mental well being of migrants
- To associate the factor with the mental well being with the developmental variable

Method

A non experimental descriptive design was used for this study. The migrants, who is between the age group of 20-50 years in Ottappalam was selected as study subjects. A questionnaire including WHO-5 Wellbeing index and a self structured questionnaire was used to assess the level of mental wellbeing and its associated factors. The collected data was analysed by inferential and descriptive statistics.

Result

The mental wellbeing score was obtained 52.2(mean) out of 100 after assessing the level of mental wellbeing among migrants in Ottappalam town, Palakkad. According to the age group between the mental wellbeing is increase the age increases. The association of mental wellbeing with different demographic variables was as follows:

- In age group between 40-50 years shows higher mental wellbeing(100% above mean)
- In religion Muslims shows higher mental wellbeing(57.7% above mean)
- In marital status unmarried shows higher wellbeing(66.6% above mean)



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- In educational status migrants studied above 10th standard shows higher mental wellbeing (80% above mean) The association of mental wellbeing with different socioeconomic variables was as follows.
- In monthly income migrants receiving above 20000 shows higher mental wellbeing(100 % above mean)
- In family migrants living without family shows higher mental wellbeing(75% above mean)
- In home facilities migrants having good home facilities shows higher mental wellbeing(60% above mean)
- In institutional wellbeing migrants having moderate institutional facilities shows higher mental wellbeing(52% above mean)
- In year of migration migrants came between 2010 -2015 shows higher mental wellbeing(58.8%above mean)
- In reason for migration migrants came for job shows higher mental wellbeing(52.2% above mean)

Interpretation and conclusion

Findings of the study showed that the mental wellbeing of migrants in Ottappalam town, is influenced by the demographic and socio economic variables .Hence study implies that the assess the level of mental wellbeing and its associated factors among migrants is an effective strategy for getting information and knowledge of mental wellbeing regarding migrants who were in the hospital . There is no association with any of the demographic and socio economic variables.

Key words

Assess, level of mental wellbeing, migrants in Ottappalam town,, Palakkad

G. S. N.

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P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DISTRICT
KERALA - 679 121



**“EFFECTIVENESS OF STRUCTURED TEACHING
PROGRAMME ON KNOWLEDGE AND ATTITUDE
REGARDING MANAGEMENT OF DIABETES
MELLITUS AMONG FAMILY
MEMBERS IN SELECTED
AREA AT ARANI”**



BY

**AKHILA.M, ANUMOL YACOB,
ATHIRA.P.A, BINDHIYA BENNY, FATHIMA.T.A, MARY
SALIGA.P.R, NEENA CHACKO, SHABANA.M.S AND
SUVARNA.M**


**NEHRU COLLEGE OF NURSING ,
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**KERALA UNIVERSITY OF HEALTH
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KERALA - 678522**

CERTIFICATE BY THE GUIDE

This is to certify that the dissertation entitled "Effectiveness of structured teaching programme on knowledge and attitude regarding management of diabetes mellitus among family members in selected area at Arani." Is a bonafied research work done by Akhila.M, Anumol Yacob, Athira.P.A, Bindhiya Benny, Fathima.T.A, Mary Saliga.P.R, Neena Chacko, Shabana.M.S, Suvarna.M in partial fulfillment of the requirement of the degree of batchelor of science in Nursing.

Signature of Guide

Date: 16/8/2019

Prof.Lavanya.MSc(N)

Vaniyamkulam

Professor

Department of Medical Surgical Nursing





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P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

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Date:

Place: vaniyamkulam


Signature of principal


Prof. Mrs. Tamilselvi.M.Sc(N)

principal

Nehru college of nursing

Vaniyamkulam




PRINCIPAL
P.K.DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

ABSTRACT

Background of the study

Diabetic mellitus is a chronic, lifelong condition and it is commonly referred to as diabetes, a group of metabolic disorders in which there are high blood sugar levels. It includes frequent urination, increased hunger. Diabetes was discovered around 1500 B.C. The first discovery was done by Europeans although they viewed it as a condition that was completely rare since a person lost a lot of weight and excessively urinated.

Diabetes is fast gaining the status of a potential epidemic in India with more than 62 million diabetic individuals currently diagnosed with the disease in 2000, India (31.7 million) topped the world with the highest number of people with DM followed by China (20.8 million) with the United States (17.7 million) in second and third place respectively. According to Wild et al. The prevalence of diabetes is predicted to double globally from 171 million in 2000 to 366 million in 2030 with a maximum increase in India.

Statement of the study

Effectiveness of structured teaching programme on knowledge and attitude regarding management of diabetes mellitus among family members residing in Arani.



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PANAYUR (P.O), VANIYANKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

Objectives

- To assess the knowledge and attitude of family members regarding management of diabetes mellitus among family members.
- To evaluate the effectiveness of structured teaching programme on knowledge and attitude of family members regarding management of diabetes mellitus.
- To find out association between knowledge and attitude of family members regarding management of diabetes mellitus.

Method

A pre experimental one group pre- test, post- test design was used for the study. The age group between 18-16 years at Arani. After pre- test a structured teaching programme was administered to the subject and on the same day post- test was conducted with the same structured knowledge questionnaire. The collected data was analysed by using descriptive and inferential statistics.

Result

According to standard deviation the 't' value of practices scores of subjects, in pre-test mean value is 9.7 and post-test mean value is increased as 17.4 regarding the management of diabetes mellitus. It indicate that increase the level of knowledge of subject in the post test.



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OTTAPALAM, PALAKKAD DT
KERALA - 679522

Interpretation and conclusion

The structured teaching programme was successful evidence is improving the knowledge and attitude regarding management of diabetes mellitus. Based on the findings of present study, it is concluded that risk factors and proper management of diabetes mellitus was prevalent among family members of diabetic patients and raising awareness about early detection, management and prevention of complications. There was a significant improvement in knowledge and attitude score among family members after structured teaching programmes.

Key words

Effectiveness, structured teaching programme, knowledge and attitude of management among family members at Arani.




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**EFFECT OF STRUCTURED TEACHING PROGRAMME
ON KNOWLEDGE RESPIRATORY TRACT
INFECTION AMONG MOTHERS OF
UNDER FIVE CHILDREN AT
SELECTED HOSPITAL IN
VANIYAMKULAM.**



**AJITH.R, ANJANA.M.S, ARYA MATHAI, DIBILA BIJU,
KRISHNA.K, R.V.VYSHNAVI, SHYMA JOSE, SREELAKSHMI.B,
SWETHA.P.S**

NEHRU COLLEGE OF NURSING, VANIYAMKULAM

**DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF
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OF SCIENCE IN NURSING**

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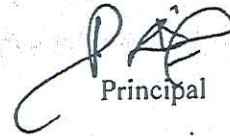
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Principal

Prof. Mrs. Tamilselvi.M.Sc (N)

Nehru College Of Nursing

Date: 16/08/19

Place: Vaniyamkulam



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P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

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Date: 16/08/19

Place: Vaniyamkulam



Signature of Guide

Mrs. Sheeba.MSc.(N),
Associate Professor

Department of Obstetrics and Gynecology
Nursing



PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522




ABSTRACT

BACK GROUND OF THE STUDY

Respiratory Infection or RTI represents one of the most prevalent and common diseases that affect infant and children, it ranks as one of the greatest causes of childhood mortality and morbidity especially throughout the developing countries. The national RTI control program as a component of the Healthy Mother Health Child Project (HMHCP) aimed at decreasing the percentage of infant mortality resulting from RTI. This paper reports on a study which was conducted to evaluate mother's knowledge and beliefs regarding the RTI and the role these knowledge and beliefs play with respect to early detection and management of the disease by the mothers. Results of the study have showed a statistical significant difference between mother's education and the frequency of children's attacks; and mother's ability to recognize dangerous signs of RTI. Educated and working mothers were more able to mention and identify predisposing factors and were able to take preventive measures and to engage in the management of RTI. This study has clearly shown the importance of mother's education and it is therefore, highly recommended to educate the mothers about knowledge of RTI in children.




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Statement of the problem

Effect of structured teaching programme on knowledge regarding respiratory tract infection among mothers of under five children at selected hospital in VANIYAMKULAM.

OBJECTIVES OF THE STUDY

1. To assess the pre test knowledge of the mothers of under five children in prevention of respiratory tract infection.
2. To determine the effectiveness of structural teaching programme regarding respiratory tract infection by comparing pre and post test knowledge score.
3. To find out the association between selected demographic variable with knowledge regarding prevention of respiratory tract infection.

Method

A pre experimental one group pre-test post-test design was used for the study. The mothers of under five children at selected hospital in VANIYAMKULAM. After pre-test a structured teaching programme was administered to the subjects and post-test was conducted with the same structured knowledge questionnaire. The collected data was analyzed by using descriptive and inferential statistics.

Result

The mean post test knowledge score obtained 24.2 (mean) was higher than the mean pretest knowledge score 15.8 (mean), paired t test was used to find out the significant difference between the mean pretest and post test knowledge score. The calculated 't' value (11.7) was found to be significant at 0.05 level.



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This shows that STP was effective in increasing the knowledge of The mothers of under five children regarding respiratory tract infections . There was not a significant association between the pre-test knowledge score with the demographic variables like age, education, occupation, locality, previous knowledge, regarding respiratory tract infections.


Interpretation and Conclusion

Findings of the study showed that the knowledge score of were mothers of under five children at selected hospital in VANIYAMKULAM very less before the STP. The STP facilitated them to gain more knowledge about respiratory tract infection , which was evident from the post-test knowledge score .Hence study implies that the STP is an effective strategy for providing information and to improve knowledge of mothers of under five children .

Key words

Effectiveness structured teaching programme, knowledge, mothers of under five children in VANIYAMKULAM.




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**A STUDY TO ASSESS THE KNOWLEDGE ABOUT REPRODUCTIVE
HEALTH AMONG COLLEGE GIRLS IN A SELECTED COLLEGE,
AT OTTAPALAM, PALAKKAD DISTRICT**



BY

**RINCY P M, SHILU SAJU, ROSMY VINCENT,
SARANYA CHANDRAN, SANDRA U S, RAJENDRAN R**

NEHRU COLLEGE OF NURSING, VANIYAMKULAM

RESEARCH PROJECT SUBMITTED IN PARTIAL FULFILLMENT OF

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KERALA UNIVERSITY OF HEALTH SCIENCES

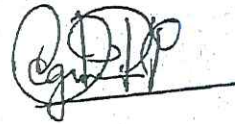


P.K.D.S.
**PRINCIPAL
P.K.D.S. COLLEGE OF NURSING
PANAYUR (P.O.), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522**

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Signature of guide



Lt.Col. Regina PF, M.Sc (N)

Assistant professor

Obstetrics and Gynecology Nursing

Nehru College of Nursing

Vaniyamkulam

Place:

Vaniyamkulam

Date:

29.3.2021



G. S. S. S.
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P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

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Nehru College of Nursing
Vaniyankulam, Ottapalam, Palakkad Dist..
Pin - 679 522, Kerala

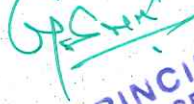
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KERALA - 679522

ABSTRACT

Background of the study

Reproductive health is a state of complete physical, mental and social wellbeing and not merely the absence of disease and infirmity, in all matters relating to the reproductive system and to its function and processes. Reproductive health implies that people are able to have a satisfying and safe sex and that have the capability to reproduce and the freedom to decide if, when and how often to do so.

Men and women have the right to be informed and to have access to safe, effective, affordable and acceptable methods of family planning to their choice that are not against the law. Furthermore, men and women should have access to appropriate health care services that will enable them to go safely through pregnancy and child birth, as well as to provide a couple with the best chance of having a healthy infant.

Statement of the problem

“A study to assess the knowledge about Reproductive Health among girls of a selected college at Ottapalam, Palakkad”

Objectives of the study

- To assess the knowledge of college girls about reproductive health.
- To find out the association between knowledge score of college girls about reproductive health and selected demographic variables.

Method

The design used in this study is one group knowledge test design. Descriptive study conducted by administration of structured knowledge questionnaire to assess the knowledge



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PRINCIPAL
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OTTAPALAM, PALAKKAD DT
KERALA - 679622

level regarding reproductive health among college girls. Total 50 college girls were selected by convenient sampling. Study conducted among first year B.Sc Nursing students of Nehru College of Nursing, Vaniyankulam, Ottapalam, Palakkad District. The collected data was analyzed by using descriptive and inferential statistics.

Result

The knowledge score of college girls regarding reproductive health score was low. The mean knowledge score was 14 out of 25. The mean knowledge score percentage was only 56%. Data shows that highest percentage (48%) of the college girls had satisfactory knowledge regarding Reproductive health. 26% of students had good knowledge and 18% had poor knowledge. Only 8% had excellent knowledge about Reproductive health. This reveals that on the whole the knowledge level of college girls regarding reproductive health was low. All chi-square values were lesser than that of the tabulated values. The findings indicated that there is no significant association between the knowledge score and selected demographic variables

Interpretation and Conclusion

The knowledge score of college girls regarding reproductive health score was low.

The findings of the study would help the nurses to develop an insight into the importance of health education regarding reproductive health and its various aspects. .

Key words

Reproductive health, knowledge, College girls



G. S. S.
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P.K.DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYANKULAM
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**A STUDY TO ASSESS THE KNOWLEDGE REGARDING PAIN AND PALLIATIVE
CARE AMONG STUDENT NURSES**



NEHRUCOLLEGE OF NURSING

VANIAMKULAM

PROJECT SUBMITTED IN PARTIAL FULFILMENT

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BACHELOR OF SCIENCE IN NURSING

KERALA UNIVERSITY OF HEALTH SCIENCES

2020



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**PRINCIPAL
P.K.DAS COLLEGE OF NURSING
PANAYUR (P.O.) VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679622**



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Date:1-3-2020


Signature of the Guide

Vaniamkulam

Mr.Titus Fernandez M.Sc (N), RN, RM

Assistant Professor

Dpt.Of Community Health Nursing

Mrs. Shincy.K


Lecturer

Dpt.Of Community Health Nursing

Nehru College of Nursing



4


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P.K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
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Date :1-3-2020

SIGNATURE OF THE PRINCIPAL


Vaniamkulam


Prof. P. Taimselvi M. Sc., (N), RN RM,

Principal

Nehru College of Nursing




PRINCIPAL
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PANAYUR (P.O), VANIYANKULAM
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ABSTRACT

A study to assess the level of knowledge regarding pain and palliative care among student nurses at selected colleges at Palakkad District .Method: Quantitative approach was used and study design was quasi experimental research design .50 samples were selected using Non Probability Convenient Sampling Technique .Data was collected by using demographic variables and semi structured knowledge questionnaire on pain and palliative care to assess the knowledge of student nurses regarding pain and palliative care. The data was analyzed and interpreted using descriptive and inferential statistics. Results: Among samples 37(74%) of student nurses have average knowledge regarding pain and palliative care and 13(26%) of samples have good knowledge regarding pain and palliative care and none of the samples have poor knowledge regarding pain and palliative care .The study revealed that there was no significant association between level of knowledge score and demographic variables.Conclusion:The study revealed that semi structured knowledge questionnaire improved the knowledge of student nurses regarding pain and palliative care.

Key words: Pain and Palliative care, Semi Structured knowledge questionnaire, Student nurses.


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**A STUDY TO ASSESS EFFECTIVENESS OF STRUCTURED
TEACHING PROGRAMME ON KNOWLEDGE REGARDING
THE PREVENTION OF URINARY TRACT INFECTION
AMONG ADOLESCENT GIRLS IN NEHRU COLLEGE OF
NURSING.**



SHINAS PP

SHOBITHA JOSE

SREECHITHRA C

TINCY NT

VINAYA S

VISHNUPRIYA SOMAN

**NEHRU COLLEGE OF NURSING,
VANIYAMKULAM**

**THESIS SUBMITTED IN PARTIAL FULFILMENT OF THE
REQUIREMENT FOR THE DEGREE OF BACHELOR OF
SCIENCE IN NURSING**

KERALA UNIVERSITY OF HEALTH SCIENCE



**PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O.), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522**

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This is to certify that thesis "A study to assess the effectiveness of Structured Teaching Programme on knowledge regarding the prevention Urinary Tract Infection among adolescent girls in Nehru College of Nursing" is a bonafide research work done by out Shinus PP, Shobitha Jose, Sreechithra C, Tincy NT, Vinaya S, Vishnupriya Soman, of Nehru College Of Nursing, Vaniyamkulam, submitted in partial fulfilment of the requirement for the degree of Bachelor of Science in Nursing from Kerala University of Health Science.

Handwritten signature and date
22/10/2021

Mrs. Remya Ramachandran M.Sc (N),

Lecturer

Mr. Shahul Hameed KP M..Sc(N)

Associate Professor

Nehru College of Nursing

Date: 22-10-21

Place: Vaniyamkulam




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P.K. DAS COLLEGE OF NURSING
PANAYUR (P.O.), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

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PRIN~~IP~~rof. Dr. Kavitha Mole PJ
Nehru College of Nursing
Vaniyamkulam, Ottapalam, Palakkad Dist.
Pin - 679 522, Kerala
Principal,
Nehru College of Nursing, Vaniyamkulam

Date: 20-10-21

Place: Vaniyamkulam.




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P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

ABSTRACT

Urinary Tract Infection (UTI) is a common of all in affecting throughout their life. It occurs in all population from neonate to geriatric patients but it has a particular impact on females of all ages especially during adolescent period. UTI are much more common in adult than in children but about 1-2% of children do get UTI. A short urethra in women is mostly responsible for high incidence of UTI among them. This study examines the effectiveness of structured teaching program on prevention of UTI among adolescent girls. Objectives of the study were, to identify the knowledge regarding prevention of UTI among adolescent girls, to provide & evaluate the effectiveness of structured teaching programme on prevention of UTI among adolescent girls & to determine the association between knowledge regarding prevention of UTI among adolescent girls and selected demographic variables. This study was conducted at Nehru College of Nursing Panyoor post Vaniyankulam. Research design adopted for the study was pre-experimental one group pre-test post-test design. A sample of 40 students in the age group of thirteen to nineteen years was selected conveniently for the study. The data was collected by using a socio-demographic profile and a structured knowledge questionnaire regarding UTI following which, a planned teaching programme on "prevention of UTI" was administered to adolescent girls on the second day. In pretest score, about of sample 15% had good knowledge in pretest, 75% had average knowledge and 10% had poor knowledge. After teaching program (posttest) 87.5% had good knowledge and 12.5% had average knowledge. The previous episodes of UTI and previous knowledge regarding UTI are significant. As it is a problem focused among the adolescent girls might support to reduce the occurrence of UTI.

Key Words: Structured Teaching Programme, Urinary Tract Infection, Adolescent girls



G.P. Sain
PRINCIPAL
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**STUDY TO EVALUATE THE EFFECT OF PLANNED TEACHING
PROGRAMME ON KNOWLEDGE REGARDING END OF LIFE
CARE AMONG STUDENT NURSES IN SELECTED COLLEGE OF
PALAKKAD DISTRICT ”**



Ms. CHINCHU C.P

Ms. CHELSIYA NIXON

Ms. DIYA ROSE K.J


Ms. DONA ROSE THOMAS

Ms. EMILI ELSA ABRAHAM

Ms. GEETHANJALI M.K

NEHRU COLLEGE OF NURSING

PALAKKAD


**PRINCIPAL
K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522**


**RESEARCH PROJECT SUBMITTED IN PARTIAL FULFILLMENT
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Signature of the guide

Mrs.Aswini.B
Assistant professor
Nehru college of Nursing


Signature of the Co- guide

Mrs. Shincy. K
Lecturer
Nehru college of Nursing

Signature of the guide




PRINCIPAL
PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

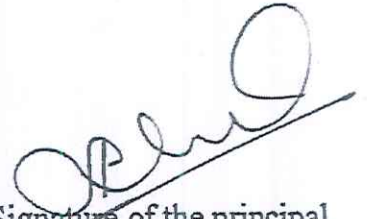
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Place : Vaniyamkulam

Mrs .Sruthi C
Nursing Tutor
Nehru college of Nursing

ENDORSEMENT OF THE PRINCIPAL

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Signature of the principal

Prof .Dr. Kavithamol P J MSc (N) , Ph. D
Principal
Nehru college of Nursing
Vaniyamkulam
Palakkad

Date : 6/4/2022

Place :Vaniyamkulam



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OTTAPALAM, PALAKKAD DT
KERALA - 679522

ABSTRACT

The present study to evaluate the effect of planned teaching programme on knowledge regarding end of life care among student nurses in selecting college of Palakkad.

Objectives: Asses the knowledge scores of student nurses regarding end of life care. And evaluate effectiveness of planned teaching programme in the end of care.


Methodology: A Quantitative evaluative approach was adopted for the study. Quasi experimental pre test and post test design was used. Data was collected from 50 samples in 2nd year BSc.Nursing students in Nehru College of Nursing, Palakkad. The pilot study was conducted among 5 samples to determine the feasibility of the study. The data was analyzed and interpreted using inferential statistics.

Result and interpretation: The study showed that in the pre test ,poor (0-6)26% ,Average (7-13)72% and Good (14-20) 2% and in the post test Poor (0-6)0% Average (7-13)70% and Good (14-20)30%.The t-test value is 9.47 and the tabulated values is 0.703. Hence calculated value greater than table value, we reject H₀ and accept H₁.

Conclusion: The study has assessed to evaluate the effect of planned teaching programme on knowledge regarding end of life care among student nurses in selected college of Palakkad. The following conclusion were made based on findings of study. In the post test the results were improved than the pre test. The values regarding post test includes Poor(0-6)0%, Average (7-13)70%, and Good(14-20)30%.

Key words: Student nurses




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PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

**A STUDY TO ASSESS THE KNOWLEDGE OF USING FACE MASK
FOR THE PREVENTION OF COVID-19 AMONG MOTHERS OF
SCHOOL CHILDREN [6-11 YEARS] AT SELECTED AREAS OF
PALAKKAD**



MS.SARANYA.P.K

MS.SNEHA.K

MS.SREENA.M

MS.SRUTHI.M.S

MS.SWETHA.K.P

MR.VISHNU.K

**NEHRU COLLEGE OF NURSING,
VANIYAMKULAM, OTTAPALAM, PALAKKAD**

**A PROJECT SUBMITTED IN PARTIAL FULFILLMENT OF THE REQUIRMENT
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UNIVERSITY OF HEALTH SCIENCE**

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KERALA - 679522**

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Place: Panayur
Date: 7/4/22

Signature of the Guide

Mr. Abdul Nisthar.T.A



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PK DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
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KERALA - 679522



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Place: Panayur
Date: 7/4/22



Signature of the Principal

Dr. Prof. Kavithamol. P.J

PRINCIPAL
Nehru College of Nursing
Vaniyankulam, Ottapalam, Palakkad Dist
Pin - 679 522, Kerala

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OTTAPALAM, PALAKKAD DT
KERALA - 679522



ABSTRACT

A descriptive study to assess the knowledge regarding usage of face mask for the prevention of covid-19 among mothers of school children (6-11 years) at selected areas of Palakkad.

Method: Quantitative approach was used and study design was descriptive study design. 80 samples were selected using non probability convenient sampling technique. Data was collected using demographic variables and structured online questionnaire to assess the knowledge regarding usage of face mask among mothers of school children (6-11 yrs). The data was analyzed and interpreted using descriptive and inferential statistics.

Result: As we have assessed the level of knowledge regarding usage of face-mask among mothers of school children (6-11 years), about 62 samples have adequate knowledge (77.5%) and 18 have moderate knowledge (22.5%).

Association between levels of knowledge regarding usage of face-mask among mothers of school children (6-11 years) and their selected demographic variables.

There was association between level of knowledge regarding usage of face-mask among mothers of school children and selected demographic variables such as age, education, type of family, Idea regarding the usage of face-mask and sources of information regarding usage of face-mask.

Conclusion: The result obtained from the analysis found that mothers of school children (6-11 years) in the selected area of Palakkad have knowledge regarding usage of face-mask for the prevention of covid-19




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**A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED
TEACHING PROGRAMME ON KNOWLEDGE ABOUT ZIKA
VIRUS INFECTION AMONG COLLEGE STUDENTS OF A
SELECTED COLLEGE, AT OTTAPALAM, PALAKKAD DISTRICT**



BY

**HILDA CHRISTINA MANUEL, JITHISHA.A., HARITHA GOPINATH,
HARITHA R. NAIR, JIYA MARY THOMAS, JOSNA C. JOSEPH**

NEHRU COLLEGE OF NURSING

VANIYAMKULAM

**RESEARCH PROJECT SUBMITTED IN PARTIAL FULFILLMENT OF THE
REQUIREMENT FOR THE DEGREE OF**

B.Sc. NURSING

KERALA UNIVERSITY OF HEALTH SCIENCES.

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OTTAPALAM, PALAKKAD DT
KERALA - 679522**

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This is to certify that the Research project entitled "A study to assess the Knowledge about Zika virus infection among College students of a selected college at Ottapalam, Palakkad District is a bonafide research work done by Hilda Christina Manuel, Jithisha.A, Haritha Gopinath, Haritha R. Nair, Jiya Mary Thomas, Josna C. Joseph. in partial fulfillment of the requirement for the degree of Bachelor of Science in Nursing.



Signature of Guide

Lt.Col. Regina PF, M.Sc (N)

Assistant professor

Obstetrics and Gynaecology Nursing

Nehru College of Nursing

Vaniyamkulam

Date: 15th March 2022

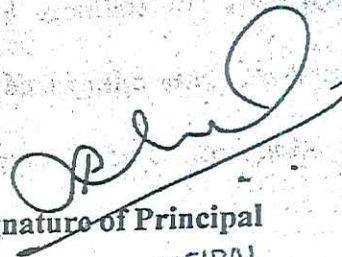
Place: Vaniyamkulam



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KERALA - 679522

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Signature of Principal
PRINCIPAL
Nehru College of Nursing
Vaniyankulam, Ottapalam, Palakkad Dist.
Pin - 679 522, Kerala

Place: *Vaniyankulam*

Date: *15th March 2022*



G.P.S.M.
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYANKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

ABSTRACT

Background of the study

Zika is a flavivirus. There is currently no vaccine for Zika, but it is not usually a life-threatening condition. In fact, the vast majority of people with Zika have no symptoms at all.

However, there are 2 uncommon, but severe, complications that are important to note. If you have contracted Zika, you have a significantly increased chance of having these issues: Infected pregnant women may transmit Zika to their babies, resulting in a number of serious birth defects that are directly linked to Zika. By educating the younger generation about Zika virus, we can reduce the maternal mortality rate, since Zika virus is affecting the pregnant women.

Statement of the problem

Effectiveness of structured teaching programme on knowledge about Zika virus infection among college students in a selected college at Palakkad District

Objectives of the study

- 1.To assess the knowledge about Zika virus infection among college students
- 2.To assess the effectiveness of structured teaching programme on knowledge about Zika virus infection among college students
- 3.To find out the association between pre test knowledge about Zika virus infection among college students with their selected demographic variables

Method



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The design used in this study is One group pretest post test pre-experimental research design. The study was conducted on 19th November 2021 and 5th December 2021 by using a semistructured knowledge questionnaire. Total 50 college students were selected by convenient sampling. Study conducted among first year B.Sc Nursing students of Nehru College of Nursing, Vaniyankulam, Ottapalam, Palakkad District. The collected data was analyzed by using descriptive and inferential statistics.

Result


The mean post test knowledge score obtained ($O_2= 15.64$) (78.2%) was higher than the mean pretest knowledge score ($O_1=9.43$) (46.7%), paired 't' test was used to find out the significant differences between the mean pretest and post test knowledge score. The calculated t value (15.27) was found to be significant at 0.05 level. This showed that structured teaching programme was effective in increasing the knowledge of college students regarding Zika virus infection . The all X^2 values reveals that there was no association between pre test knowledge score of college students with the demographical variables..

Interpretation and Conclusion

The findings of the study would help the nurses to develop an insight into the importance of health education regarding Zika virus infection and its various aspects. .

Key words: Zika virus, college students, structured teaching programme




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**ASSESS THE KNOWLEDGE REGARDING THE MICRO AND
MACROVASCULAR COMPLICATIONS OF DIABETES
MELLITUS AMONG THE STAFF NURSES IN A SELECTED
HOSPITAL**



MR.AADIL MATHEW

MS.ADITHYA D S

MS AISWARYALAKSHMI M M

MS.RENJIMA M R

NEHRU COLLEGE OF NURSING

VANIYAMKULAM

PROJECT SUBMITTED IN PARTIAL FULFILMENT

OF THE REQUIREMENTS FOR THE DEGREE OF

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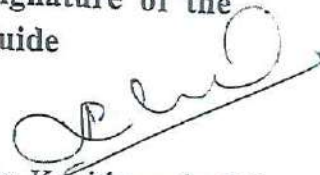


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This is to certify that the project entitled "a study to assess the knowledge regarding the micro and macrovascular complications of diabetes mellitus among the staff nurses in a selected hospital" is a bonafide work done by Mr.Aadil Mathew, Ms. Adithya D S, Ms Aiswaryalakshmi M M , Ms.Renjima M R, in partial fulfillment of requirements for the degree of BSc Nursing.

Signature of the
guide



Dr Kavithamole P J

MSc Psychology, Msc
(N),Ph.D

Ms Sruthi S

Tutor



PLACE: VANIAMKULAM

DATE: 12.12.2022.




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This is to certify that the project entitled "A STUDY TO ASSESS THE KNOWLEDGE REGARDING THE MICRO AND MACROVASCULAR COMPLICATIONS OF DIABETES MELLITUS AMONG THE STAFF NURSES IN A SELECTED HOSPITAL" is a bonafide work done by Mr.Aadil Mathew, Ms.Adithya D S, Ms Aiswaryalakshmi M M , Ms.Renjima M R, in partial fulfillment of requirements for the degree of BSc Nursing.

PRINCIPAL

SIGNATURE OF THE



DR KAVITHA MOLE PJ

MSc Psychology, Msc (N), Ph.D

Principal

Nehru College Of Nursing

DATE: 12.12.2022.

PLACE : VANIYAMKULAM



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OTTAPALAM, PALAKKAD DT
KERALA - 679622

ABSTRACT

A descriptive study to assess the knowledge regarding the micro and macro vascular complications of diabetes mellitus in a selected hospital at Palakkad district. **Method:** Quantitative approach was used and study design was descriptive study research design. 30 samples were selected using purposive sampling technique. Data was collected by using demographic variables and structured knowledge questionnaire on micro and macro vascular complications of diabetes mellitus among staff nurses .The data was analysed and interpreted using descriptive and inferential statistics. **Result:** Through chi square analysis it is found that there is no significant association between the level of knowledge and demographic variables .The mean score of knowledge is 14.23 from 30 samples. The study reveals that the staff nurses of PKDIMS have moderate knowledge regarding the micro and macro vascular complications of diabetes mellitus.




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ASSESS THE ATTITUDE TOWARDS TRAFFIC RULES AMONG
TEENAGERS



NEHRU COLLEGE OF NURSING
VANIYAMKULAM

PROJECT SUBMITTED IN PARTIAL FULFILMENT OF THE
REQUIREMENTS FOR THE DEGREE OF
BACHELOR OF SCIENCE IN NURSING
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This is to certify that the project entitled “ASSESS THE ATTITUDE TOWARDS TRAFFIC RULES AMONG TEENAGERS” is a bonafide work done by Ms Aksa Ciji, Ms Aleena Babu, Ms Ajanya P and Ms Sneha K in partial fulfilment of the requirement for the degree of BSc. Nursing.



Signature of the guide

PROF. PRIYA MARY STELLA

Vice Principal

Department of Medical Surgical Nursing

Nehru College of Nursing

Date: 29/11/2022

Place: Panayur

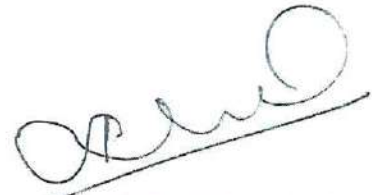



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Date: Panayur 29/12/22
Place: Panayur




Signature of the Principal

DR. KAVITHAMOL PJ

Principal

Nehru College of Nursing




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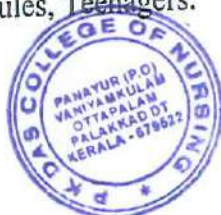
ABSTRACT

Road traffic continues to be a major developmental issue and a public health concern. Road accidents in India kill almost 1.5lakh people annually, and India accounts for almost 11% of the accident related deaths in the world. Prevention of road traffic accident is very crucial by creating awareness and taking proper measures towards road safety.

The statement of the problem was to assess the attitude towards traffic rules among teenagers in selected school. The objectives of the study were to assess the attitude towards traffic rules among teenagers and to find out the association between attitude towards traffic rules and selected demographic variables of teenagers. A non experimental descriptive research design was used in the study. 54 teenagers were selected by convenience sampling technique. The data was collected by using a self administered questionnaire containing demographic variables and 5 point likert attitude scale regarding traffic rules.

The data was analyzed using descriptive and inferential statistics. The study findings revealed that majority of teenagers 26(48.14%) had highly favourable attitude towards traffic rules,16(29.62%) had favourable attitude towards traffic rules,10(18.5%) had moderately favourable attitude towards traffic rules and 2(3.70%) had unfavourable attitude towards traffic rules. And also study revealed that ,the calculated Chi-square value of gender 18.39 was greater than table value 7.87 at $p < 0.05$ level. Hence there is significant association between attitude towards traffic rules and gender of teenagers. The study concludes the need to enforce strict traffic regulations for improving the use of helmet and seatbelts during driving. Enforcement of effective traffic law, regular awareness programs on traffic safety rules, ensuring good vehicle and road condition will be helpful to reduce the risk of motor vehicle accidents in India.

Keywords: Assess, Attitude, Traffic Rules, Teenagers.



G. S. S.
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIYANKULAM
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KERALA - 679522

**“ASSESS THE EFFECTIVENESS OF ROLE PLAY REGARDING
GOOD TOUCH AND BAD TOUCH AMONG SELECTED PRIMARY
SCHOOL STUDENTS”**



Mr. AJITH M.P

Ms. ALEENA K THOMAS

Ms. ALEENA NAIJU

Ms. SONA SAJI

Project submitted to the
Kerala University of Health Science
Thrissur

In partial fulfillment of the requirement for the Degree of Bachelor of Science in Nursing

Under the guidance of

Dr. Binu Babu

Professor


Department of Medical Surgical Nursing
Nehru College of Nursing, Vaniyankulam



GP
PRINCIPAL
P K DAS COLLEGE OF NURSING
PANAYUR (P.O), VANIAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522

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Signature of Principal

Place: Vaniyamkulam

Date: 14/12/2022

(College seal)

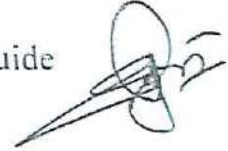



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This is to certify that the Research project entitled "Assess the effectiveness of role play regarding good touch and bad touch among primary school students" is a bonafide research work done by Mr. Ajith M.P, Ms. Aleena K Thomas, Ms. Aleena Naiju, Ms. Sona Saji in partial fulfillment of the requirement for the degree of Bachelor of Science in Nursing.

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Dr. Binu Babu

Professor


Nehru College of Nursing

Vaniyamkulam

Place: Vaniyamkulam

Date: 14/12/2022




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ABSTRACT

Nowadays the statistics show that the abuse of children and adolescents is alarmingly high. During childhood the children can intensely catch up what they see through visualization, so that we choose role play to convey our message. The present study was conducted to assess the effectiveness of role play regarding good touch and bad touch among selected primary school students. The major study objectives are to assess the level of knowledge regarding good touch and bad touch among selected primary school students, plan and conduct role play on the basis of good touch and bad touch among selected primary school students, to assess the effectiveness of role play regarding good touch and bad touch among selected primary school students and the fourth objective is to find the association between knowledge regarding good touch and bad touch among selected primary school. A quantitative experimental research design was adopted for the study and the sample size of the study was 40 primary school students and a non - probability convenient sampling technique was used to select the sample. Data collected in the form of pretest and posttest by using a knowledge questionnaire, and analyzed descriptive and inferential statistics. In the results, the paired sample statistics showed that the mean value of the pretest was '10.75' and the post test was '14.53'. The post test value is greater than pretest value, so the roleplay was effective among selected primary school students.




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